



**ST. ANTONY'S COLLEGE
PERUVANTHANAM**

*Affiliated to MG University, Accredited by Govt of Kerala
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CRITERION 03 :Research, Innovation, and Extension

3.4.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmers such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organized in collaboration with industry, community and NGOs) during the last five years.

**Extension and Outreach Programs During The Year
2021-2022**

NSS unit no. 144


ONE DAY CLEANING PROGRAMME

19th February 2022

(An extension programme)

It is the responsibility of a volunteer to protect the nature. Personal hygiene and clean environment are some essential requirements in our life. NSS Volunteers are responsible to keep this. With the aim of clean the environment and protect the garden One day cleaning programme was conducted on 19th February 2022 under the leadership of NSS Programme Officer Mr. Binu Kurian. Gardens have been set up along the sides of the National Highway near the college With the objective of cleaning the area around the National Highway. The garden and surroundings were cleaned by the volunteers. The programme were started on 9am and comes to an end on 3pm. NSS Programme Officer, Volunteer secretaries take initiative for conducting programme.




Mr. BINU KURIAN
NSS Programme Officer
St. Antony's College
Peruvanthanam


Principal in charge
St. Antony's College, Peruvanthanam
Peruvanthanam P.O., Malappuram


NSS unit no. 144


**Nature Awareness Programme- An extension programme in association
with Periyar Tiger Reserve**

21.03.2022:

As we are the humans who reside in the nature, it's our duty to love, protect and know more about the nature. So a nature camp was organized at Thekkady on 21st March in association with the Periyar Tiger Reserve with the aim of giving volunteers a chance to learn more about nature. Nature Education Officer Smt.Asha Rani took a session about the importance of protecting the nature and shared a lot about the Periyar Tiger Reserve. We then traveled through the interiors of the forest to learn more about nature and its wild life and then attended a conference and rally . This day helped to understand the importance of protecting the environment.




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Peruvanthanam


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Peruvanthanam P.O., Kottayam

NSS unit no. 144

24/3/2022:

ORPHANGE VISIT- AN EXTENSION PROGRAMME

In today's world there are those who face many crises, today's young people are living without understanding these. On 24th March 2022 the volunteers of St. Antony's college Peruvanthanam visited the orphanage at kunnumbhagam, Kanjirapally. It was a comfort to be alone in the news of life and to spend the day with them. They were given the resources they needed and spent the day with them, eating together and performing art shows so that their pain was relieved. Volunteers spent the evening there until 3 p.m. Programme Officer Mr. Binu Kurian and Volunteer Secretary Mr. Arun Mathew provided leadership for the programme. It helps the volunteers to understand more about the society and to create more concern among them towards parents.




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**ST. ANTONY'S COLLEGE
PERUVANTHANAM**

Approved by Council of Schools & affiliated to SAC, University Education
Peruvanthanam P.O., Idukki District, Kerala - 686 502

**DEPARTMENT OF FASHION TECHNOLOGY
(EXTENSION PROGRAMME)**

DATE: 4-3-2022

Bella and Bloom


LOCATION: Nedumkandam

The Bella and Bloom, the ultimate Fashion show 2022 organized by the department of Fashion Technology in St. Antony's College Peruvanthanam associate with Isabell Wedding collection Nedumkandam on 4-3-2022. The event was started at 6.00pm with different collection like casual wear, formal and party wear. It aimed to showcase the latest collection and provide customer with a visual representation of how the fabrics can be transformed into fashionable garments. The runway was designed to reflect the textile shop's aesthetic incorporating elements that highlighted the versatility and quality of the fabrics available. The objective was to present a realistic and inclusive representative of the customer base. The show was a 4-hour event that showcased the diverse range of textile available. The model's performance, outfit styling, customer engagement and overall ambience contributed to an engaging and memorable experience. The entire presentation was great appreciated by the audience and the event ended at 9.00 pm.

Students List

1. Amala George
2. Archana Vijayakumar
3. Aiswarya Somaraj
4. Anse Mariya
5. Anns Saral Thomas





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Peruvanthanam P.O., Idukki Dist

6. Dona Joseph
7. Keerthana M Babu
8. Manu Joseph
9. Mariya Rensy
10. Abin Mathew
11. Parvathy Sinikumar
12. Rosemary Shaji
13. sherin Varghese
14. Suzine Jiju
15. Steffy Ann Stanley
16. Krishna Priya K .A
17. Vishnupriya P.V
18. Janupriya B
19. Greeshma C.
20. Nandhana Krishna
21. Anitta Mathew
22. Annmariya Chacko
23. Anagha Satheeshan
24. Akhila T. Aji
25. Agna Grace
26. Dona Joseph
27. Krishna Prasad
28. Bibiya James
29. Bobona Devasya
30. Rehana Biju
31. Reshma Shaji
32. Stella mol Santhosh



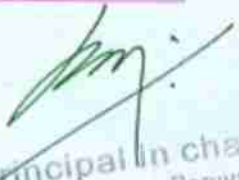
33. Shivapriya Chandran
34. Sinta Antony
35. Shibin Binoy
36. Aravind S.
37. Fazna Haneef
38. Salmiya Rasheed
39. Sowparnika S.
40. Tintu Thomas
41. Sona Gilson
42. Varsha Babu
43. Niya M. Varghese




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Peruvanthanam



St. Antony's College PEERUMADE

AFFILIATED TO M.G. UNIVERSITY

Report on EXTENSION PROGRAMME-KNOCK ON DOOR Home Visit - 2022

Teaching is more than imparting knowledge; it is inspiring change.

Teachers work tirelessly to enrich the lives of the next generation. It is true that nine-tenths of education is encouragement. Home visits by the teachers provide a meaningful assistance to increase student performance and closer co-operation among students, teachers and parents..

Considering these facts, St Antony's College Peruvanthanam conducted **KNOCK ON DOOR - A Home Visit for Connection, Communication, Collaboration and Offering Hope and Comfort to Students** from the 9th to the 20th of May 2022. Teachers visited students' homes to understand the family atmosphere of students and to strengthen the relationship among teachers, students and parents. The programme aimed to create a rapport between parents and teachers, to help parents understand their children and to work with their family environment to achieve their goals, and to instill in the students a sense of security that students are not alone but in the safety of parents and teachers.

The innovative programme was inaugurated at 9:30 a.m. on 12th May at Koruthodu. Adv. Sebastian Kulathunkal MLA inaugurated the meeting which was presided over by Smt. Sandhya Vinod, President, Koruthodu Grama Panchayat. Sri. Tijomon Jacob (Coordinator Innovative Programmes) delivered the Welcome Speech. Fr. Daris Uzthuthinamalayil delivered the Benedictory Speech.

Smt. Retnamma Raveendran (Member, Block Panchayat President), Sri. M S Jayaprakash (Manager, CKMHSS Koruthodu), Sri. Jojo Pampadathu (President, Vyapari Vyavasayi Ekopana Samithi) Smt. Suparna Raju (Vice-Principal) and Mrs. Shantimol S (Staff Secretary and Coordinator) rendered felicitations. Sri. Bobby K Mathew (Principal -in-Charge) delivered the Vote of Thanks. This was followed by an outstanding and delighted flash mob by the talented students, focusing on wildlife attacks, and musical performances by the gifted singers of the college.

The students were divided into several groups, according to their locality. Each group consisted of students from different classes. The teachers were then divided into 24 groups to visit each area. It was ensured that there was at least one teacher in the student groups who taught them. The places visited by teachers include Nedumkandam, Idukki, Pambanar, Kattappana, Vagamon, Elappara, Vandiperiyar, Satram, Vallakkadavu, Peermade, Kanayankavayal, Murinjapuzha, Peruvanthanam, Kodikuthy, Maruthummoodu, Parathodu, Edakkunnam, Paingana, Chotty, Chittady, Kanjirapally, Anakkal, Kappadu, Ponkunnam, Manimala, Chirakkadavu, Pathanadu, Koruthodu, Vandanpathal, Yenthayar, Elamkadu, Koottickal, Mukkoottuthara, Kanamala Erumely and various places around Mundakayam.



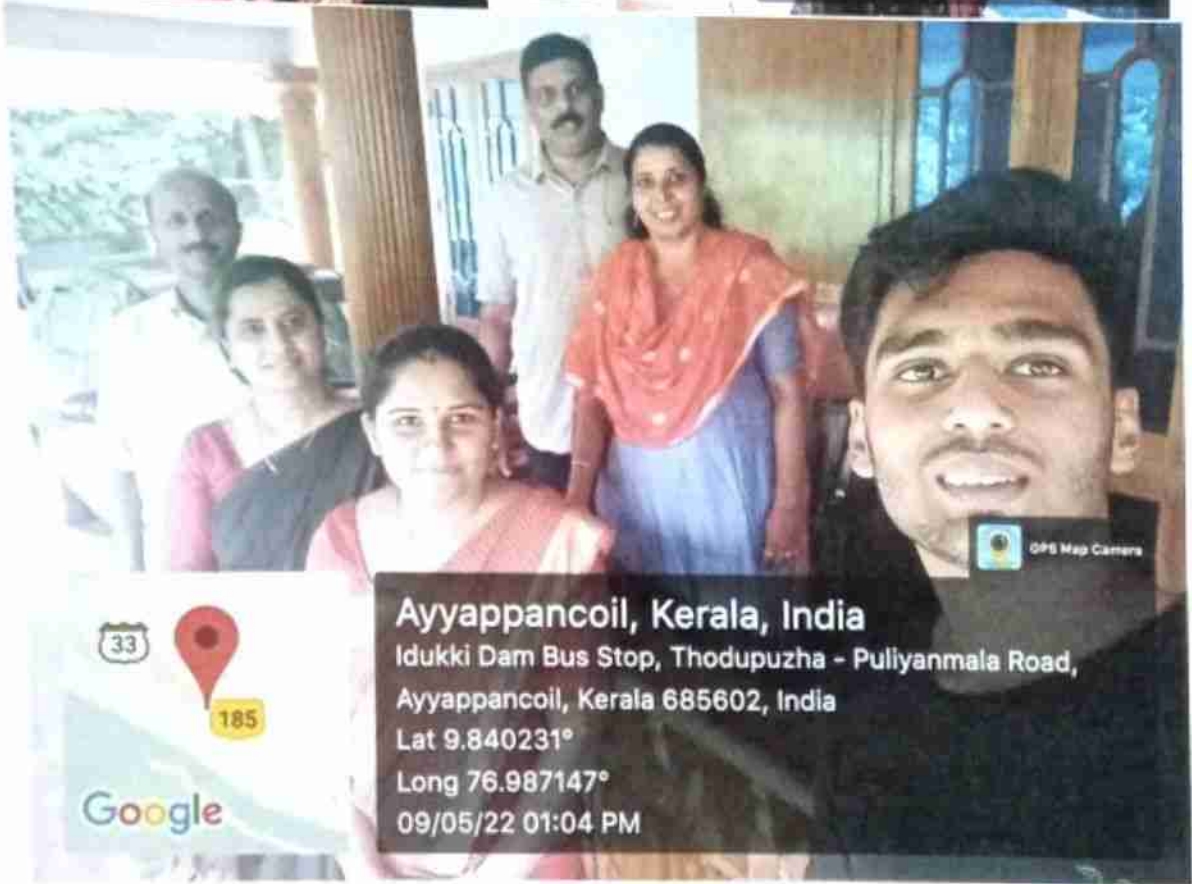
Teachers set out at 7 a.m. each day to visit students' homes. Students, parents and other relatives warmly welcomed the teachers who visited their homes. While talking to the parents, the teachers realized that the parents had a good opinion about the teaching style and the current teacher-student relationships in the college. Almost all parents are of the opinion that more test papers and examinations should be conducted for the students. Many parents suggested that more add-on courses be offered in addition to the existing courses. It is also worth noting that many parents opposed their children bringing mobile phones to college. This seems like a good thing because parents are aware of the abuse and misuse of mobile phones. Some students had to travel long distances to get to college, so their parents agreed to bring their mobile phones to college. Some students and parents talked about the difficulties students face in travelling to and from college. During the home visit, the teachers realized that many students have to travel three or four kilometers on foot to reach the main road. The roads or narrow paths used for walking used by the passengers including our students were often difficult even on foot. The journey through the tea plantations and other desolate groves was very difficult.

Many parents said that their children talk about the various programmes that take place in the college in their own homes. Students and parents have a good opinion about the programmes. At the same time, it is important to note that parents are of the opinion that our college system of texting parents of those students who do not attend class, is a good one. Parents also said that it is a good idea that teachers visit the homes of the students once a year. Some of the students had been admitted through allotment. But the good news is that many students joined our college based on the opinion of alumni and other students. Besides, the students and parents alike said that this college will be recommended to their relatives and other friends for admission. On the other hand, some students and parents pointed out is the inadequacy of a playground and college campus.

The teachers were able to gain an idea of the kind of home and community their students grew up in. It also provided an opportunity for the teachers to speak informally with the parents and other family members. Besides, meeting a grandparent or a relative, who never comes to college but who is very important in a student's life, was also beneficial.



Principal In charge
St. Antony's College, Peruvanthanam
Peruvanthanam P.O., Idukki Dist.



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 Principal in-charge
 Perambathur
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Principal
St. Antony's College
Peruvithanapuram



ST. ANTONY'S COLLEGE

Accredited by Govt. of Kerala & Affiliated to M.G. University Kottayam.

Perumade, Peruvanthanam, Idukki (Dist.) - 686532.

Ph: 04869 281191, 9846 890906, 9562 581191

NSS unit no. 144

30th October 2021

FLOOD RELIEF ACTIVITY

AN EXTENSION PROGRAMME IN ASSOCIATION WITH SMYM YENDAYAR

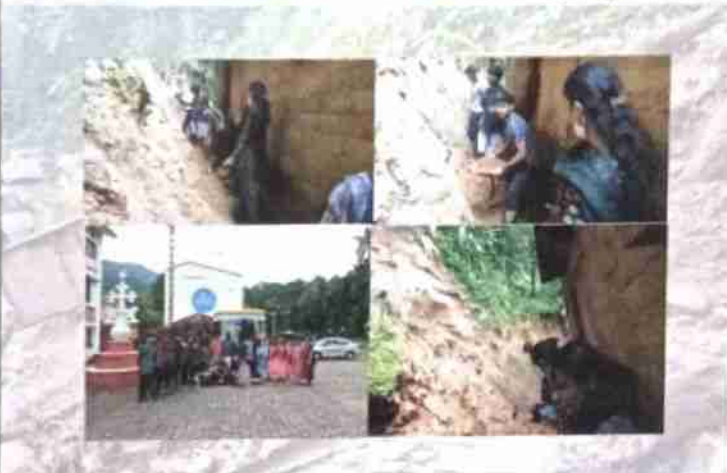
Kootikkal and surrounding are the most affected areas by landslides and natural disasters during the monsoon in Kerala. The people of Kootikal-Yendayar region faced many obstacles and hurdles during the period. On October 30, 2021, NSS volunteers visited Yendar and as a relief they help the native people to remove the soil and rocks which are spread all over the areas to restore the transportation. They started the work by 9am under the leadership of NSS Programme Officer Mr. Binu Kurian and Assistant Programme Officer Mrs. Suneesha Mohanan in association with SMYM Yendayar. The volunteers works hard and the activity comes to an end with 4 pm. At the end the volunteers were able to understand the consequences and they are able to help the native people from the greatest disaster.

Mr. BINU KURIAN
NSS Programme Officer
St. Antony's College
Peruvanthanam

Principal
St. Antony's College, Peruvanthanam
Peruvanthanam P.O., Idukki Dist.



ഉരുൾപാളിയിൽ തകർന്നടിഞ്ഞ ഏത്തയാറിനും പരിശുദ്ധ പ്രദേശങ്ങളിലും കൈത്താങ്ങായി ഞങ്ങളോടൊപ്പം നിന്ന St. Antony's College Peruvanthanam NSS യൂണിറ്റിന്



എസ് എം വൈ എം ഏത്തയാറിന്റെ നന്മി....

Instagram | Facebook | YouTube
SPM YENDATAR II EDWARD OF PALAI


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Peruvanthanam P.O., 122112, India.



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Peermade, Peruvanthanam, Idukki (Dt.) - 686532,

Ph: 04869 281191, 9846 890 906, 9562 581 191

NSS unit no. 144

18th December 2021 - ONE DAY CLEANING PROGRAMME

- AN EXTENSION PROGRAMME FOR NH - BEAUTIFICATION

It is the responsibility of a volunteer to protect the nature. Personal hygiene and clean environment are some essential requirements in our life. NSS Volunteers are responsible to keep this. With the aim of clean the environment and protect the garden One day cleaning programme was conducted on 18th December 2021 under the leadership of NSS Programme Officer Mr. Binu Kurian. Gardens have been set up along the sides of the National Highway near the college With the objective of cleaning the area around the National Highway. The garden and surroundings were cleaned by the volunteers. The programme were started on 9am and comes to an end on 3pm. NSS Programme Officer, Volunteer secretaries take initiative for conducting programme.





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Peruvanthanam



Dr. ANTONY JOSEPH
Principal

ST.ANTONY'S COLLEGE PERUVANTHANAM
BACHELOR OF FASHION TECHNOLOGY

OUTREACH PROGRAMME

Industry visit

Name of the industry: Hand looming centre, Kuthampully Thrissur

Objective: To make the students aware about the various activities related to printing, and hand looming sections.

Date: 10th December 2021

Time: 11:00 am

Number of students attended: 45

Number of faculties attended: 3

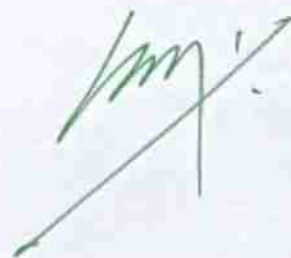
The Department of Fashion technology had organised a visit to Hand looming centre on 10th December 2021 for the first and second year students. At 11.00am, we reached in Kuthampully, a handloom village which located 50 km from Thrissur town, is famous for Kerala handloom weaving and kasavu handloom sarees. It is a traditional cotton weaving village. Kuthampully Handloom Industrial Cooperative Society was registered in 1972 with 102 members and is the main representative of the inhabitants. The Kasavu double dhoti, set mundu and veshti are also popular articles of clothing

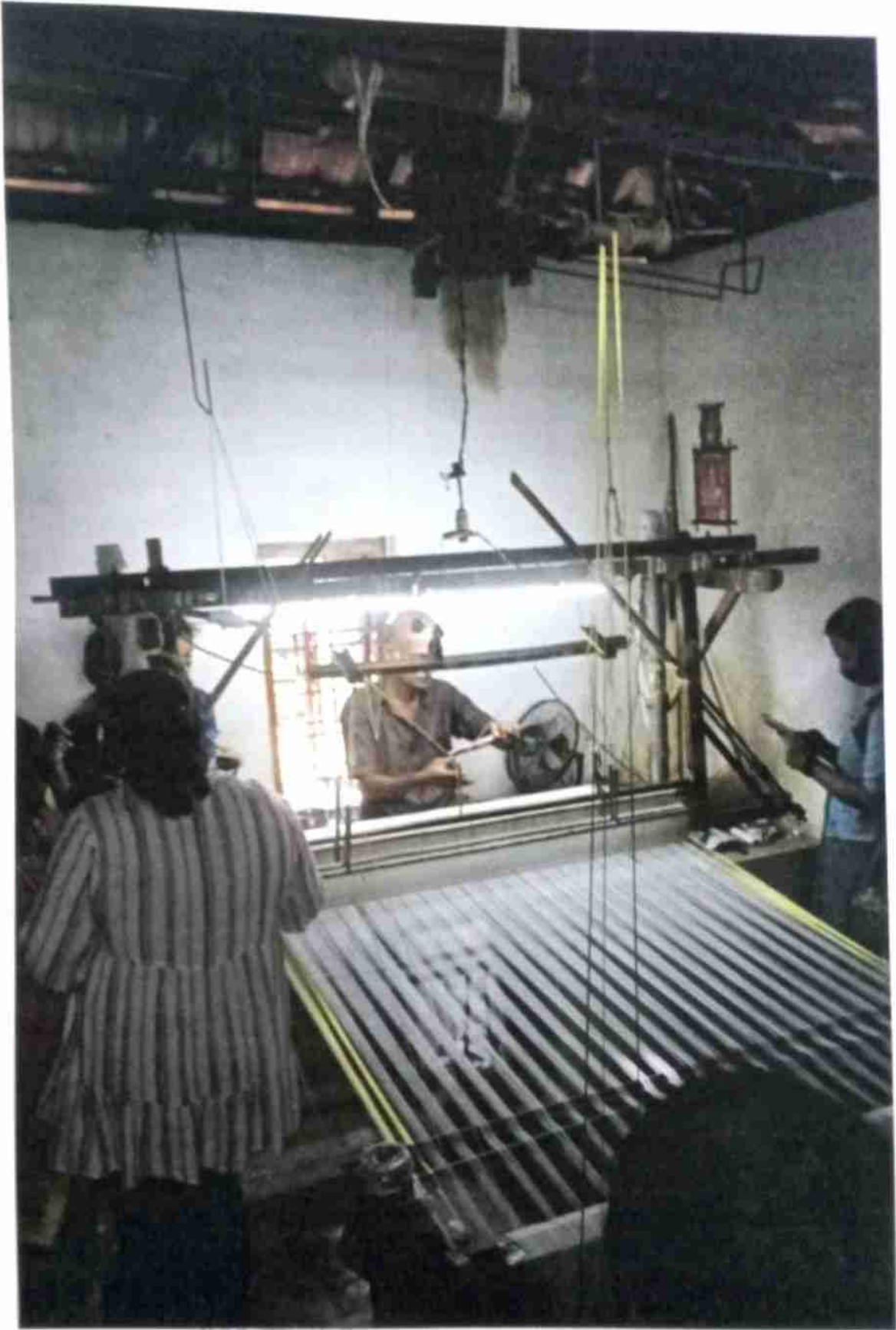


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produced. Here, 600 Brahmin families produce some of the most exotic sarrees in the country. Its kasavu handloom weaving centre is extremely famous.

Most of the inhabitants belong to the Devanga community. With the help of a guide, we were sent to explore the different sections of the garment industry. Initially, we started to visit cottage industries where include five different hand looms and three jacquard fabric looms. He was explained about the various steps involved in the modern technologies of hand looming, procedures of machines were used. After that, we also got chance to explore screen printing sections too. Additionally, the students were also acquire precise idea about the hand looming and printing from the demonstration by rural people in that area and this is an ideal spot to buy appealing handwoven dresses directly from weavers at reasonable prices and enjoy the pristine beauty of life in the weavers. One can purchase both handwoven and machine-woven apparels from the outlets of Kuthampully. The Kuthampully sarrees and 'set mundus' both have the geographical indication (GI) tags that indicating their geographical origin and uniqueness. Later on, we had a Zoo visiting in Thrissur as part of entertainment.





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St. Antony's College

PEERUMADE

AFFILIATED TO M.G. UNIVERSITY

WOMEN CELL -ST ANTONY'S COLLEGE
SHORT FILM - ANTI DOWRY CAMPAIGN

JANVI - THE GIRL WITH STRENGTH," a short film organized by the Women's Cell of St. Antony's College, Peruvanthanam, was awarded the Second Prize in the District Level short film competition, "Youth Against Dowry Campaign 2021," organized by the District Women and Child Development Office, Idukki. On 13th January 2022, the Honorable Idukki Collector, Mrs. Sheeba George, distributed the prize in the collector's chambers in Idukki.



YOUTH AGAINST DOWRY CAMPAIGN 2021

CERTIFICATE OF APPRECIATION

Best short film

This certificate is proudly presented to the short film "Janvi the Girl with Strength" by, Shon Joseph, St. Antony's College, Peruvanthanam, Idukki was awarded Second Prize in the District level Short Film Competition youth against dowry campaign 2021 organised by the District Women Child Development Office, Idukki on 10th December 2021. we appreciate your dedication for film making and creating social awareness through film medium. congratulations.



Sheeba George
District Women and Child
Development Officer, Idukki

Shon Joseph
Principal In charge
St. Antony's College, Peruvanthanam
Peruvanthanam P.O., Idukki Dist.

